

MONDAYS

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|-------------|------------------|-------------|--------------------|---|-----------------|
| 4.00 - 5.00 | Mini. P.Squads | 4.00 - 5.00 | Inter. Academy | Junior. Academy | Senior. Academy |
| 5.00 - 6.00 | Junior. P.Squads | 5.00 - 6.00 | Inter. Academy | Junior. Academy | Senior. Academy |
| 6.00 - 7.00 | Inter. P.Squads | 6.00 - 6.15 | Dinner | | |
| 7.00 - 8.00 | Sen P.Squads | 6.30 - 7.30 | Inter. Academy | Occasionally Junior Academy will be required here | Senior Academy |
| | | 7.30 - 8.30 | Academy Partnering | | Academy Adagio |

TUESDAYS

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|-------------|-----------|----------------------|-------------------|-------------|---------------|------------------|------------|
| 3.45 - 4.30 | MG Dance | S1G Acro | S3G Ballet (G3) | 3.45 - 4.30 | D2M Classical | D3M Commercial | D1M Acro |
| 4.30 - 5.15 | S1G Dance | MG Acro (finish 5pm) | S2G Ballet (G1) | 4.30 - 5.15 | D1M Classical | D4M Commercial | D5M Acro |
| 5.15 - 6.00 | S2G Dance | S3G Acro | S1G Ballet (PP) | 5.15 - 6.00 | D3M Classical | D1M Commercial | D2M Acro |
| 6.00 - 6.45 | S3G Dance | S2G Acro | S4/5G Ballet (G4) | 6.00 - 6.45 | D5M Classical | D2M Commercial | D4M Acro |
| | | | | 6.45 - 7.30 | D4M Classical | D5M Commercial | D3M Acro |
| | | | | 7.30 - 8.15 | D5M Pointe | D4/5B Virtuosity | D4G Pointe |
| | | | | 8.15 - 9.00 | D4/5G Heels | | |

WEDNESDAYS

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|-------------|-----------|----------------------|-------------|---------------------|-----------------|
| 3.45 - 4.30 | MB Dance | | 3.45 - 4.30 | D1G Classical (G1) | D1B Commercial |
| 4.30 - 5.15 | S1B Dance | MB Acro (finish 5pm) | 4.30 - 5.15 | D1B Classical (G1) | D1G Commercial |
| 5.15 - 6.00 | S2B Dance | S1B Acro | 5.15 - 6.00 | D3G Classical (G5) | D5GA Commercial |
| 6.00 - 6.45 | | S2B Acro | 6.00 - 6.45 | D5GA Classical (IF) | D3G Commercial |
| | | | 6.45 - 7.45 | D5GB Classical (A1) | D5B Commercial |
| | | | 7.45 - 8.45 | D5B Classical (A1) | D5GB Commercial |

THURSDAYS

| | | | | | |
|-------------|-----------|----------|-------------|--------------------|-------------------|
| 3.45 - 4.30 | MG Dance | S1G Acro | 3.45 - 4.30 | D2G Classical (G3) | D2B Commercial |
| 4.30 - 5.15 | S1G Dance | MG Acro | 4.30 - 5.15 | D2B Classical (G3) | D2G Commercial |
| 5.15 - 6.00 | S4G Dance | S5G Acro | 5.15 - 6.15 | D4G Classical (IF) | D4B Commercial |
| 6.00 - 6.45 | S5G Dance | S4G Acro | 6.15 - 7.15 | D4B Classical (IF) | D4G Commercial |
| | | | 7.15 - 8.15 | D4G Classical (I) | D4B Classical (I) |

FRIDAYS

| | | | | | | |
|-------------|------------------|-----------------|------------------|--|---------------------|----------------------------|
| 9.00 - 3.30 | | | | | Dance Arts Training | |
| 4.00 - 4.45 | Junior Hip hop | Inter Lyrical | Senior M.Theatre | | 3.30 - 4.45 | Pre-Pro Apparatus |
| 4.45 - 5.30 | Junior Apparatus | Inter M.Theatre | Senior Lyrical | | | |
| 5.30 - 6.15 | Junior M.Theatre | Inter Hip Hop | Senior Apparatus | | 5.30 - 6.30 | Pre-Pro Student Open Class |
| 6.15 - 7.00 | | Inter Apparatus | Senior Hip hop | | | |
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SATURDAYS

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|---------------|----------------|
| 9.00 - 9.45 | PSB Dance/Acro |
| 9.45 - 10.30 | PSG Dance/Acro |
| 10.30 - 11.15 | MG Dance |
| 11.15 - 11.45 | MG Acro |